

To our Correspondents & Contributors.

WILL our readers kindly notice that communications for insertion in the current number of the NURSING RECORD should reach the editorial Office, 20, Upper Wimpole Street, W., if possible, not later than Wednesday morning. We receive much interesting matter just after we have gone to press which, if sent a few posts earlier, could be inserted, but is stale a week later.

Notices.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at our Offices.

Copies of the NURSING RECORD are always on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.

Comments and Replies.

We should advise all those of our readers who have written to us for information as to a handbook on Nursing, to procure "Practical Nursing," by Miss Isla Stewart,

Matron of St. Bartholomew's Hospital, and Dr. Herbert E. Cuff, F.R.C.S., Medical Superintendent, North-Eastern Fever Hospital, Tottenham. The book is in two volumes, of which the first may now be procured. It is published by Messrs. William Blackwood and Sons, price 3s. 6d.

Nurse Effie.—A Pott's fracture is a fracture of the fibula about two inches above the ankle joint, and of the internal lateral ligaments of the ankle joint or the tip of the internal malleolus.

Nurse Byers.—Forms of application for admission to the *Nursing Directory* may be obtained from the Editor, NURSING RECORD Office, 11, Adam Street, Strand.

Nurse B.—Apply to the Matron, Sir Julian Goldsmid's Home of Rest for Nurses, 12, Sussex Square, Brighton, asking her when there is a vacancy.

Infirmity Nurse.—You cannot do better than follow the advice given by a correspondent in the NURSING RECORD last week, and represent to the Guardians that this work is required of you. If you do not obtain redress from them, then you would do well to communicate with the Local Government Board.

Private Nurse.—The Invalid Transport Corps of the St. John's Ambulance Association undertake the removal of non-infectious cases. The head-quarters of the Association are at St. John's Gate, Clerkenwell. It is well to give several days' notice if possible. A one-horse Ambulance, with india-rubber tyres, fitted with a comfortable stretcher, on which the patient can lie at full length, may be had in London, and qualified attendants are also sent into the country to undertake the responsibility of removing sick or helpless patients.

Nurse Ward.—You would do well to write to Messrs. Debenham and Freebody, of Wigmore Street, W., or Messrs. Garrould, 150 to 160, Edgware Road, W., for their catalogues and patterns of materials.

A GOOD DIET

is of the greatest importance during convalescence. A beef tea that contains the smallest amount of fat or is weakened by foreign ingredients often hinders, instead of helping, recovery.

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STANLEY SMITH, *Secretary.*

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